

# Parents Magazine March 2008 “Green” Baby Shower Brunch

## Menu

### **Mains**

Smoked trout with assorted bialys, horseradish cream

Tortilla Espanola of potatoes and kale, served with homemade ketchup

Buckwheat crepes filled with roasted vegetables and queso blanco

Tofu bacon on wholegrain bread with lettuce, caramelized onions, nettle pesto

### **Sides**

Whole grain oat and currant scones

Roasted cauliflower soup with thyme and rosemary

Fresh seasonal fruit platter

### **Dessert**

Carrot cake with cardamom and pistachios

### **Beverages**

Organic banana almond smoothie

Cranberry herbal tea with orange slices

Mimosa with organic Taittinger champagne